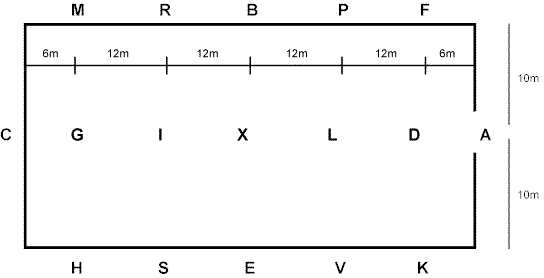
***Quiz Study Guide***

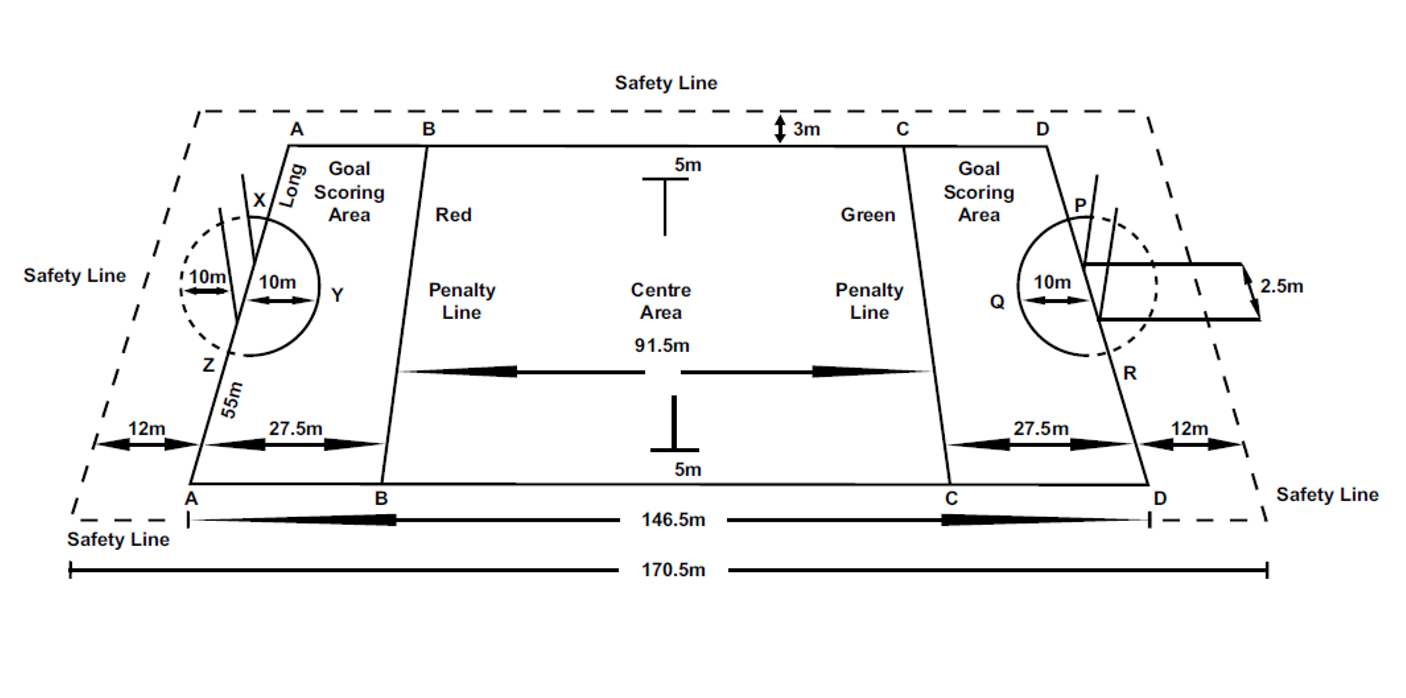
* **General**
  + Use the D/C level Flash Cards to quiz each other
  + Practice reciting the USPC pledge HM
  + Part Pictionary: Draw saddle parts, bridle parts, or horse parts, and the others must guess what the part. For an extra challenge, try to identify parts of a Western saddle and bridle. p. 246, 259-262, 264
  + List the items that should be on a stall card HM
  + List the items that should be on a feed card HM
  + Review different attire requirement: Find a tack catalogue (like Dover or Stateline or you can use the internet) to create 3 different posters. One has formal attire, one has informal attire, and one has clinic or casual attire. p. 303-306 or HM
  + Breed Brainstorm – Take turns naming a breed of horse and identify if it is a warmblood, coldblood (draft), hotblood (arabian/thoroughbred), pony, or regular horse. Once everyone passes twice the game ends. Read about the specific breeds in the D manual. p. 252-255
* **Stable Management**
  + Poisonous Plant Research – Each person on the team should pick 3 different poisonous plants to research. You should know what the plant looks like and how it might affect the horse if it is ingested.
  + Describe how to clean and bank a stall and why that might be important.
  + List at least 2 reasons you should rotate grazing pastures.
  + Explain the difference between rotational deworming practices and deworming based on fecal egg counts. Why do veterinarian associations recommend using fecal egg counts?
* **Safety**
  + Perform an imaginary safety check p. 273-278
  + Explain proper helmet fit (including adjustment of the chin strap, and where the helmet sits on the head) HM
  + List signs of a concussion HM
  + Explain why hydration is important for a rider and their horse.
  + Act out a heat related scenario and describe the symptoms (heat cramps, heat exhaustion, heat stroke) and the others must determine which type of heat related injury/illness it is, and then act out how to treat them. HM
  + Each person describe an unsafe situation you might find in a barn, stall, feed room, or tack room.
  + Describe how to safely ride in a group inside & outside the arena p. 137-138
  + List all the different ways you can safely pass another horse while riding in the arena p. 127-128
* **Tack**
  + Review the steps for cleaning tack (what is the actual purpose of saddle soap) p. 268-273
  + Review the types of girths, nosebands, and martingales/breastplates p. 281-282, 288-292
  + Review how to properly fit a bridle (specifically throat latch, nose band & placement, bit size & placement, and browband) p. 284-288
  + Review how to properly fit a saddle (to the rider, to the horse, how many holes should be above/below the billets when the girth is tight, what about saddle rocking, bridging, pinching, and saddle sores) p. 278-283, 295
  + Play a game where you say the name of a bit and the others must draw it and state the type (snaffle, leverage, gag) of bit it is and what discipline it is typically used or not used for (dressage, driving, in hand, western, etc...)
  + Play a game where you race to put together a bridle. Who can do it the fastest? Are all the keepers in place? Can you hang the bridle in a organized way using the figure 8 technique (See the HA manual)? Can you put a bridle together with an unusual noseband (figure 8, flash, crank, kinneton)?
  + Place small tack and equipment in a mystery sock. Each person has to try and guess what is in there just by feel.
* **Horse Sports & Competition in USPC**
  + Practice drawing a dressage arena, a polocrosse field, and a games arena (include the letters, line names, and dimensions) Arena Supplement
  + List all the specific items in the various rally kits (grooming equipment, individual equipment, feeding equipment, human first-aid, tack room equipment, tack cleaning kit, utility kit, equine first aid kit, extra equipment, cleaning equipment). To make this activity more interactive, gather up an entire club rally kit, dump everything in one giant heap, and work as a team to put everything in their respective categories. HM
  + List all the competitive and non-competitive USPC activities
  + For each competitive activity: State how many mounted/unmounted members are allowed on a team. Explain how the competition is scored. Describe how/why you might be eliminated from the competition.
  + Draw different types of jumps (oxer, ascending oxer, triple bar, cross rail, ground pole, coop, roll top, Liverpool, wall, square oxer, Swedish oxer, plank, gate, ditch, trakehner, brush, skinny, corner, bounce, cavaletti, combination, shark tooth, key hole, vertical, parallel oxer, table, log, bank) C-level Manual
  + Match each color with the correct pony club certification level. HM
* **Veterinary Knowledge**
  + List the signs for colic, laminitis, heaves or COPD, insulin resistance
  + How do you know if your horse is healthy (what are the typical vital signs, what is an ideal BCS) p. 223
  + Name the main areas of the horse you should evaluate when determining a Body Condition Score (BCS)
  + What are indications that your horse is sick or injured? p. 224-225
  + Describe how to measure TPR and what the typical healthy ranges are p. 224
  + Each person list at least 2 diseases a horse can be vaccinated against p. 229-230
  + Why is a negative Coggin’s test required to participate in USPC activities?
* **Conformation**
  + List faults of head, neck, should, back, and legs p. 255-257
  + Conformation Charades – Try to act out the different conformation faults and get your team to guess.
* **Grooming and Shoeing**
  + What items would a farrier or blacksmith use and why C-level Manual
  + Practice drawing different types of shoes C-level Manual
  + Name the parts of the hoof p. 216
  + Describe what is looks/sounds like when a shoe is loose p. 221
  + In proper USPC order describe each grooming tool and how you would use it p. 184-187
* **Feeding and Nutrition**
  + Take turns reading the basic rules for feeding p. 207
  + Each person take turns listing a type of feed and say if it is roughage, concentrate, or supplement/mineral. The game ends when everyone has passed twice. p. 203-206
* **Conditioning**
  + Review the training pyramid
  + Explain the benefits of lunging
  + Can you identify various lunging equipment?
  + List the items you should be wearing when lunging your horse.
* **Boots & Bandaging**
  + Know the difference between polo wraps, quilts, and track bandages, adhesive bandages (like vet-wrap).
  + What is the purpose of each type of bandage (polos, stable bandage, shipping bandage)? What areas on the horse is each bandage meant to protect? p. 231-234
  + Describe when you would use different types of boots and what they should protect (splint boots, open front boots, ankle boots, sports medicine boots, bell boots, shipping boots) p. 233-234, 267-268

**Arena Types & Dimensions**

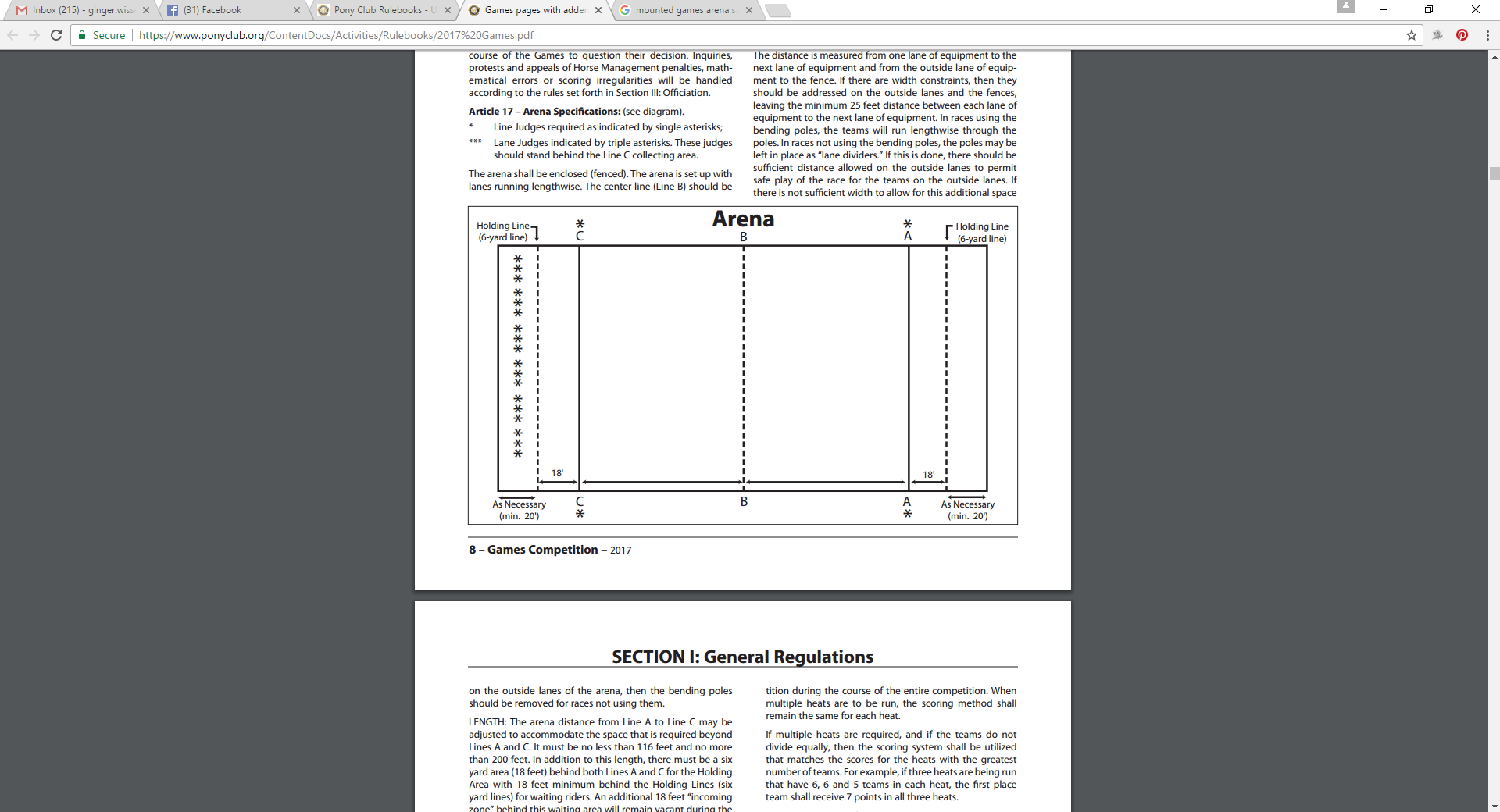
Dressage Arena (Large - 20mx60m) (Small – 20mx40, and remove RSVPLI)



Polocrosse Field



Games Arena



**Horse Parts**



Back

Barrel

Cannon Bone

Cheek

Chin

Coronet Band

Crest

Croup

Ear

Elbow

Eye

Fetlock

Fetlock Joint

Flank

Forearm

Forehead

Forelock

Gaskin

Heel Bulb

Hock

Hoof

Knee

Lips

Loin

Mane

Neck

Nose

Nostril

Pastern

Point of Buttock

Point of Hip

Point of Shoulder

Poll

Stifle

Tail

Tailhead

Toe

Withers

**Saddle and Bridle Parts**

**English Bridle**

Bit

Browband

Buckle

Cheek Piece

Crown Piece

Keeper

Noseband or Cavesson

Reins

Throat Latch

**Western Headstall**

Bit

Cheek Piece

Crown Piece

Curb Chain or Curb Strap

Ear Piece

Reins

**English Saddle**

Billet

Billet Guard

Cantle

Channel

D Ring

Flap

Girth

Gullet

Knee Block

Knee Roll

Panel

Point of Tree

Pommel

Saddle Pad

Seat

Skirt

Stirrup Bar

Stirrup Iron

Stirrup Leather

Stirrup Leather Keeper

Stirrup Pad

Sweat Flap

Thigh Block

Twist









**Western Saddle**

Back Housing

Blevin’s Buckle

Cantle

Cheyenne Roll

Cinch

Concho

Fender

Fleece

Fork

Horn

Jockey

Latigo

Latigo Holder

Off-side Billet

Rigging

Saddle Pad

Skirt

Stirrup

Stirrup Hobbles

Stirrup Leather

Stirrup Wrap

Swell